



Aktaion Beach  
BOUTIQUE HOTEL

SPA MENU

# AKTAION BEACH

## BOUTIQUE HOTEL & SPA

Immerse yourself into a wellness experience, designed to accommodate your needs. A trip to *AKTAION BEACH* becomes an important part of your journey and helps you reunite with your spirit. This relaxing escape offers you a selection of rejuvenating customized experiences in collaboration with the award-winning Greek Spa Brand *Ariadne Athens*.



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*Ariadne Athens* proposes bespoke therapies aligned with a unique destination and inspired by its natural elements. The main purpose: to rebalance and renew, from inside out. Grounded in holistic care, immersed in a genuine experience through signature treatments, rejuvenating therapies and sensory journeys.

Local ingredients are utilized seamlessly, connecting each destination's native and organic elements with the latest techniques in cosmetology. *Ariadne Athens* inspires well-being through revitalizing therapies and result-driven beauty care.



### AKTAION WELLNESS – THE FACILITIES

We, at *Aktaion Beach hotel* believe in a holistic approach to the guest journey.

Thus, we provide a selection of wellness experiences for in house and external guests. Our new and the only one in the island of Agkistri Aktaion Wellness area, consists of a fitness & movement area, equipped with the sophisticated Njord wooden equipment, a sauna with a salt wall integrated in it from KLAFS and a steam bath with a shower.

We recommend our guests to use our wellness facilities in a sequence that will provide them with the maximum effects for body and mind restoration.

The journey begins with the use of the fitness & movement area to mobilize our body through the Njord equipment, continue with the use of steam bath to open the pores and relax the muscles and finishes with the use of sauna & salt therapy to remove toxins and enhance the respiratory and immunity system through the inhalation of salt particles.

The use of wellness facilities is free of charge for our in-house guests who have booked a treatment and we recommend them to arrive 20 minutes prior to their treatment to have time to enjoy the facilities.

For those who haven't booked a spa treatment, or they are external guests, there is a charge fee, and a booking is required.

**Duration: 45min / 25€ / person**





## Face Experiences

CLOWING PEARL  
Hydrating and nourishing face & body treatment

An exhilarating journey that travels the mind and soul to the unique, picturesque landscapes of Greece. Inspired by the sumptuously relaxed atmosphere the majestic Mediterranean blue sea has to offer, these lavish facial rituals promise to indulge your skin with their velvety textures and sensual aromas, while revealing a firmer, more hydrated, supple, radiant look. Allow yourself to enjoy the ritual that complements your individual needs best, from one of the following choices:



### MELI

Vital hydration and nutrition

A Facial experience designed to offer rich moisturizing benefits through a nurturing and nourishing mask, rich in thirst-quenching elements that instantly restore skin's hydration levels. Fine lines and wrinkles are visibly minimised, dry skin feels supple and soft, overall comfort is recovered and elasticity is dramatically increased. Your skin feels and looks revitalized from within, as a natural healthy glow appears.

**Duration: 60min / 80€**

### LUNAR GRACE LUXURY ANTI-AGING FACE TREATMENT

The ultimate anti-ageing experience for your skin, empowered by precious gemstones for a totally glass skin effect! Specifically designed to target dullness, dryness, wrinkles and sagging, this treatment promises to reduce fine lines and wrinkles, support thin, fragile skin and increase its elasticity and firmness.

Rose Quartz Crystals contribute to the facial massage ritual, focusing on minimizing fine lines and wrinkles, as the proprietary blend of evening primrose and ylang ylang, repairs and rejuvenates the skin, promoting an overall youthful appearance, with a visibly firmer, tighter and more lifted look.

**Duration: 60min / 90€**



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## Massages

We have carefully designed for you a series of luxury massages, that target specific needs; The ones that challenge us every day. Choose among a wide range of specialized practices, and spoil yourself with a mythical, sensational experience of a euphoria retreat.

MELTING SENSATION  
Candle Massage Experience



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### RELAX & UNWIND

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension. This harmonizing experience is a simple and effective way to let go of tensions, improve health, balance emotions, increase calmness and relaxation.

**Duration: 30min - 60min - 90min / 45€ - 70€ - 95€**

### DEEP TISSUE

The deep tissue massage is tailor-made to target specific areas of muscle tension and soreness.

A series of intensive techniques is used to increase circulation, release built-up toxins, heal and restore balance to the body and nervous system. Feel your muscles release all the tension, while the luxurious naturally-scented oils envelop your skin and exhilarate your mind.

**Duration: 90min / 95€**

### MELTING SENSATION CANDLE MASSAGE

Captivate your senses through a mystifying massage ritual that will entice your mind, body and soul. Lay back and unwind while the heated solid waxes slowly turn into liquid oil, as the mesmerizing flame gently burns the candle. Now, feel the delicately scented warm drops touch your skin, and envelop your whole body in a velvet textured massage that will satisfy even the most sophisticated massage recipient. Succumb, as the warm oil deeply penetrates the skin's surface, releasing its unique beneficial properties, and its sensuous fragrance seduces the mind. An outstanding, sacramental experience of aromatherapy, relaxation & rejuvenation that promotes bliss, balance and well-being!

**Duration: 60min / 75€**





## Mini Rituals

Choose to delight yourself in one of the short-timed rituals that promise to satisfy your senses and indulge your skin, while allowing you to meet your busy schedule. Instantly revitalize and obtain a luminous touch, reveal a healthy-glowing look, set yourself free from any kind of tension, ward off a stressful day or entice everyone with the most sparkling and radiant look.



### WATERLILY TOUCH AFTER SUN BODY TREATMENT

The ultimate after-sun care for your skin! This treatment embodies the ideal refreshing properties of water lily and the calming benefits of yogurt, skillfully combined to help restore skin's moisture. Inflammation and skin-irritation is minimized, offering a unique sense of relief after sun exposure.

**Duration: 30min / 50€**

### CONFETTI RAINFALL SHOWER EXPRESS BODY POLISH

A fast and invigorating, full body exfoliation treatment lush in captivating aromas of jasmine, gardenia and coconut. Delicate white sugar crystals softly remove dead skin cells, while promoting body circulation. As a result, the body's skin regains its elasticity and smoothness while obtaining a velvet touch with a fresh, radiant, healthy look!

**Duration: 30min / 50€**

# SPA ETIQUETTE

We highly recommend booking your treatment in advance to ensure that your preferred time and service are available.

Please contact us with any queries and let us know if you have any medical or health concerns.

We recommend that you arrive at least 30 minutes prior to your scheduled treatment, allowing time to complete your health assessment and to enjoy the facilities. As a courtesy to other guests, those who arrive late will lose some of their treatment time, as appointment will still end as originally scheduled.

Our Spa environment is one of tranquility and relaxation. Please refrain from smoking and turn your mobile phone off or to silence setting, while in, or around, the spa area.

The minimum age for taking spa treatment is 16 years. Guests under 18 years are required to have parental consent prior to the booking being accepted.

We request that you leave your valuables in your suite's safety deposit box.

We understand that schedules change and we will do our best to accommodate your needs. Since your spa time is reserved especially for you, we kindly ask you to give a 24 hours cancellation notice, so that someone else may enjoy that time. Cancellations made 5 or less hours' notice or missed appointments will be charged at the full rate.

The fitness center is open daily, 24 hours.

The Spa operates from 10 :00 to 19:00 daily with the last booking at 18:00.